

The 2019 EANS Summer School will be hosted by the **Nursing School of Lisbon (ESEL)**.

We look forward to welcoming you to Lisbon!

Some early information on the 2019 EANS Summer School is provided here.

LISBON: WHERE THE PAST MEETS THE FUTURE

Lisbon is one of the oldest cities of the world and one of the oldest in Western Europe. Diversity is a constant element of this city, mixing traditional with modernity. One thousand years of history, with modern features meeting present-day requirements, makes Lisbon unique.

It is a living city, as can be seen in the downtown area - “BAIXA”, and you can get a feel for the city when you get involved in daily city life. From St. George’s castle (CASTELO DE SÃO JORGE) you can enjoy one of the best Lisbon views.

The city is famous for its local traditions and gastronomy and you should definitely not miss listening to “FADO”, eating a “PASTEL DE NATA” and drinking a “GINJINHA” in a typical downtown tavern.

<http://www.cm-lisboa.pt/en>

<https://www.visitlisboa.com/>

<https://www.visitportugal.com/en>



Studying in Lisbon means enjoying the amazing stimulating environment.

<http://www.studyinlisbon.pt>

<https://youtu.be/HaYo6RiOLxU>



NURSING SCHOOL OF LISBON (ESEL)

Nursing School of Lisbon (ESEL) is a public institution of higher education with scientific, pedagogical, administrative and financial autonomy. ESEL has a national and international reputation for nursing pedagogic education and scientific quality. ESEL's mission is to excel in knowledge development and innovation of nursing science.

It has around 1800 students, 1300 studying for a nursing degree (1st Cycle) and around 500 in post-graduate and masters (2nd cycle). The nursing degree is a full time 4 year programme assigning 240 ECTS. The post-graduate and master degrees are in Pediatrics Nursing, Midwifery, Medical-Surgical Nursing, Community Nursing, Rehabilitation Nursing and Nursing Management.

Since 2004, in partnership with the University of Lisbon, ESEL offers a Doctoral Program in Nursing.

ESEL has partnerships with several European institutions of higher education as well as partnerships with Portuguese speaking countries such as Angola, Brazil, Cabo Verde and Mozambique.

The educational projects at ESEL are flexible and there is compatibility between courses and degrees within the European Higher Education area, mobility of teachers and students and employability of the graduates within the principles of the Bologna Declaration.

<https://www.esel.pt/ESEL/EN>

ESEL – AR



TUR RAVARA CAMPUS

Parque das Nações, na Av. D. João II, Lote 4.69.01, 1990-096 Lisboa



The 2019 EANS Summer School will be located at ESEL - Artur Ravara Campus *Escola Superior de Enfermagem de Artur Ravara*, formerly called *Escola Profissional de Enfermeiros* (1901) and *Escola de Enfermagem de Artur Ravara* (1930), was the first public school of nursing in Portugal. Its origin dates back to the 19th century, with the creation, in 1886, of the first course for training nurses at S. José Hospital. For over 120 years, it was an irrefutable reference in the history of Portuguese Nursing.

<https://youtu.be/9JBMGxUsv2g>

TRAVEL INFORMATION:

HOW TO GET TO LISBON: BY PLANE

Lisbon International Airport (Aeroporto Humberto Delgado) is served by main international airlines and is only 7 km from the city centre and 3.5 km from the hotel. The event venue is located 400 m from the hotel.

<https://www.ana.pt/en/lis/home>

BY TRAIN

National and international trains arrive every day in Lisbon at GARE DO ORIENTE train station (only 600 m from the hotel).

<https://www.cp.pt/StaticFiles/timetables/sud-expresso-lusitania-trains.pdf>

BY CAR

The best ways to enter Lisbon is via the A1 and A2, which both have national and international connections along their course.



LISBON TRANSPORT S UBWAY /METRO

The Metro is the cheapest and quickest way to travel in the city and between the airport and city centre. It operates daily from 6:30 am to 1:00 am. The metro is the least expensive and for many journeys one trip is €1.45.

The nearest metro station to the hotel is Oriente (600 m) and closest to the School, Oriente (1 km) or Moscavide (600 m), both on the Red Line that ends at the Airport.

The underground services provided by metro will depart from Lisbon airport station, located outside of terminal 1 arrivals, you should take the red line towards São Sebastião, and leave at Oriente station or Moscavide Station. The travel time is about 6 minutes, 3 stations. Take the left hand side exit to the street level, head towards Avenida Dom João II and walk around 600 m to the accommodation (HOTEL) which will be on the left hand side at street number 47.

<https://www.metrolisboa.pt/en/>

BUS / CARRIS

The bus network covers the entire city including the airport and also serves certain areas outside the city. It operates daily from 06:30am to 1am.

Ticket for one trip is €1.45; on the bus €1.85.

There are bus stops a few metres from the hotel and the school.

<http://www.carris.pt/en/>

TAXI

All taxis in Lisbon are fare meter, they should display the meter on the dashboard of the taxi, providing the passenger with the trip total amount.

<http://www.cm-lisboa.pt/visitar/cidade/transportes>



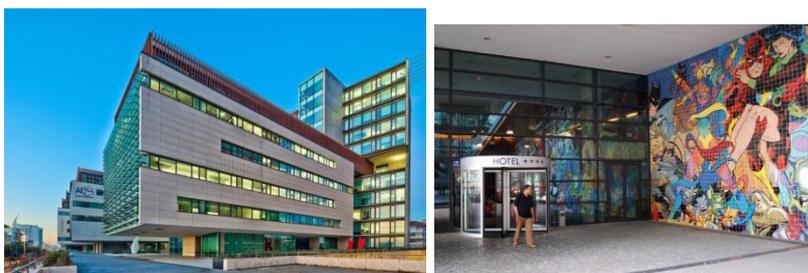
STAYING IN LISBON Some information about the accommodation

All students (1st, 2nd and 3rd years) will stay at **Hotel Vips & Arts**. Five minutes' walk from Nursing School of Lisbon (ESEL)

Located at:

Avenida D. João II, nº 47

1998 - 028 Lisboa -Portugal



Note, there is **no** need for you to book your own accommodation. Best prices have been negotiated for you by Nursing School of Lisbon (ESEL).

More detailed information on your stay, and additional travel information to Lisbon will be provided in the spring of 2019!

Contact email : EANS2019@esel.pt