

The 2019 EANS Summer Conference will be hosted by the **Nursing School of Lisbon (ESEL)**. We look forward to welcoming you to Lisbon!

### **LISBON: WHERE THE PAST MEETS THE FUTURE**

Lisbon is one of the oldest cities in the world and one of the oldest in Western Europe. Diversity is a constant element of this city, mixing traditional with modernity. One thousand years of history, with modern features meeting present-day requirements, make Lisbon unique.

It is a living city, as can be seen in the downtown area - “BAIXA” and getting the feeling of the city when you get involved in daily city life. From St. George’s castle (CASTELO DE SÃO JORGE) you can enjoy one of the best Lisbon views.

The city is famous for its local traditions and gastronomy and you can’t miss listening to “FADO”, eat a “PASTEL DE NATA” and drink a “GINJINHA” in a typical specialist tavern in downtown Lisbon.

<http://www.cm-lisboa.pt/en>

<https://www.visitlisboa.com/>

<https://www.visitportugal.com/pt-pt>



Studying in Lisbon means enjoying the amazing stimulating environment.

<http://www.studyinlisbon.pt>

<https://youtu.be/HaYo6RjOLxU>



## **NURSING SCHOOL OF LISBON (ESEL)**

Nursing School of Lisbon (ESEL) is a public institution of higher education with scientific, pedagogical, administrative and financial autonomy. ESEL is a national and international reference concerning nursing pedagogic education and scientific quality. ESEL's mission is to be an excellence knowledge development and innovation of nursing science.

It has around 1800 students, 1300 nursing degree (1st Cycle) and around 500 in post-graduate and masters (2nd cycle). The nursing degree is a full time 4-year programme assigning 240 ECTS. The post-graduate and master degree are in Pediatric Nursing, Midwifery, Medical-Surgical Nursing, Community Nursing, Rehabilitation Nursing and Nursing Management.

Since 2004, in partnership with the University of Lisbon, ESEL offers a Doctoral Program in Nursing.

ESEL has partnerships with several European institutions of higher education and partnerships with Portuguese speaking countries such as Angola, Brazil, Cabo Verde and Mozambique.

ESEL's educational project is flexibility and compatibility between courses and degrees within the European Higher Education area, mobility of teachers and students and employability of the graduates within the principles of the Bologna Declaration.

<https://www.esel.pt/ESEL/EN>



## **ESEL – ARTUR RAVARA CAMPUS**

Parque das Nações, na Av. D. João II, Lote 4.69.01, 1990-096 Lisboa



The 2019 EANS Summer Conference will be located at ESEL - Artur Ravara Campus

*Escola Superior de Enfermagem de Artur Ravara*, formerly called *Escola Profissional de Enfermeiros* (1901) and *Escola de Enfermagem de Artur Ravara* (1930), was the first public school of nursing in Portugal. Its origin dates back to the 19th century, with the creation, in 1886, of the first course for training nurses at S. José Hospital. For over 120 years, it was an irrefutable reference in the history of Portuguese Nursing.

<https://youtu.be/9JBMGxUsv2g>

## **TRAVEL INFORMATION:**

### **GET TO LISBON**

#### **BY PLANE**

Lisbon International Airport (Aeroporto Humberto Delgado) is just 7 km from the centre of the city and 4km from the venue accommodation, and is served by the main international airlines. The event venue is located 400 m from the hotel.

<https://www.ana.pt/en/lis/home>

#### **BY TRAIN**

National and international trains arrive every day to Lisbon at GARE DO ORIENTE train station (only 600 m from the hotel).

<https://www.cp.pt/StaticFiles/timetables/sud-expresso-lusitania-trains.pdf>



## **BY CAR**

The best ways to enter Lisbon are via the A1 and A2, which both have national and international connections along their course.

## **LISBON TRANSPORT**

### **SUBWAY /METRO**

Metro is the cheapest and the quickest way to travel in the city and between the airport and city centre. It operates from 0630am to 1am every day. The metro is the least expensive and for many tickets the cost of one trip is 1, 45€.

The nearest metro station to the hotel is Oriente (600m) and closer to the School, Oriente (1km) or Moscavide (600m). Both are on the Red Line that ends at the Airport. The underground services provided by metro will depart from Lisbon airport station, located outside of terminal 1 arrivals, you should take red line towards São Sebastião, and leave at Oriente station or Moscavide Station. The travel time is about 6 min, 3 stations. Take left hand side exit to the street level and walk toward Avenida Dom João II and walk around 600m, the accommodation (HOTEL) will be on the left and side at street number 47.

<https://www.metrolisboa.pt/en/>

### **BUS / CARRIS**

The bus network covers the entire city including the airport and also serves certain areas outside the city. Buses operate from 0630am to 1am every day.

Ticket for one trip is 1, 45€; in the bus 1, 85€

There are bus stops a few meters from the hotel and the school.

<http://www.carris.pt/en/>

## TAXI

All taxis in Lisbon are fare meter, they should display the meter on dashboard of the taxi, providing the passenger the trip total amount.

<http://www.cm-lisboa.pt/visitar/cidade/transportes>

## STAYING IN LISBON

The hotel – “VIP Executive Art’s Hotel” (<http://www.hotelartsvipexecutive.com/en>)



This four star Hotel, distinguished for its hospitality and excellent service, has 300 rooms, restaurant, bar, private parking, installations for handicapped, and Wireless Internet access. The Hotel is located at Avenida D. João II, nº 47, five minutes’ walk from Nursing School of Lisbon (ESEL), as well as other services ("Oriente" Station, underground and bus).

Participants can book this hotel, subject to availability, with the following prices:

- Single room with breakfast: 75 Euros/room/night
- Double/twin room with breakfast: 85 Euros/room/night

Participants must send the completed Reservation Form directly to the hotel, by e-mail ([vendas.arts@viphotels.com](mailto:vendas.arts@viphotels.com)), with a copy of the credit card number and identification.

### Reservation conditions

Please be aware of the following conditions for reservation:

- The Hotel will charge 2 nights as guarantee after the deadline date (not applied to teachers);
- Cancellation of total reservation after 01 of April 2019: the 2 nights charged are NOT refundable;
- Cancellation of total reservation before 30 days of the check in date: the Hotel will charge 100% of the reservation.



- City taxes are not included: according to the regulations of the Municipality of Lisbon an Overnight Tax of 2€ per night / per guest over 13 years, up to 7 nights stay, will be charged.
- EANS and ESEL is not responsible for any reservations.

For any questions, please contact Helena Bronze ([EANS2019@esel.pt](mailto:EANS2019@esel.pt)).